



# MY HOSPITAL PACK

NAME:

DATE:



# The Great Sheffield Wordsearch

All of these words are linked to our favourite city. Can you find them?

W	H	H	A	L	E	D	K	C	E	M	L	T	R
P	A	G	T	R	R	A	R	H	L	D	E	O	I
E	M	U	A	E	R	T	A	A	B	A	E	T	N
A	Z	O	D	T	K	N	P	T	I	C	H	U	M
K	E	R	B	A	L	Y	N	S	C	M	I	T	E
D	H	O	P	G	E	T	O	W	U	F	D	R	A
I	N	B	U	R	K	D	T	O	R	Q	U	A	D
S	Y	S	V	A	O	X	S	R	C	G	J	M	O
T	A	L	R	F	N	P	E	T	U	D	Z	L	W
R	U	L	M	S	E	K	W	H	B	C	O	I	H
I	C	I	T	Y	H	A	L	L	X	I	F	N	A
C	J	H	E	G	D	S	I	N	C	B	H	E	L
T	C	A	T	H	E	D	R	A	L	O	P	S	L
Q	M	O	O	R	M	A	R	K	E	T	V	U	L

Weston Park

City Hall

Peak District

Moor Market

Crucible

Tramlines

Fargate

Meadowhall

Chatsworth

Hillsborough

Cathedral

# SCENES FROM MY BED

Have a look around you. What can you see?  
Have a go at drawing a snapshot of the view from  
your bed. Then come back to this page tomorrow  
and draw it again. What has stayed the same?  
What has changed?

**TODAY**

**TOMORROW**

**SIMILARITIES**

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**DIFFERENCES**

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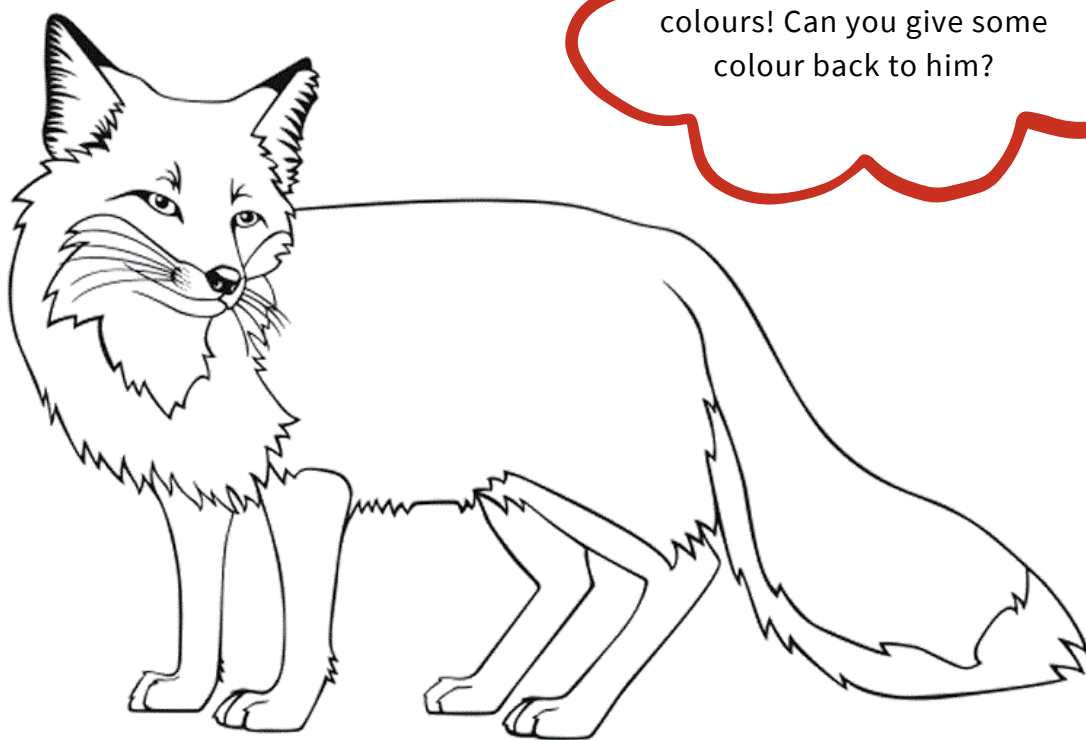
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# COLOUR IN SHASBY

Shasby has forgotten his  
colours! Can you give some  
colour back to him?



*The Little Forgetful Fox*

# MY JOURNAL ENTRY

## WRITING ABOUT FEELINGS

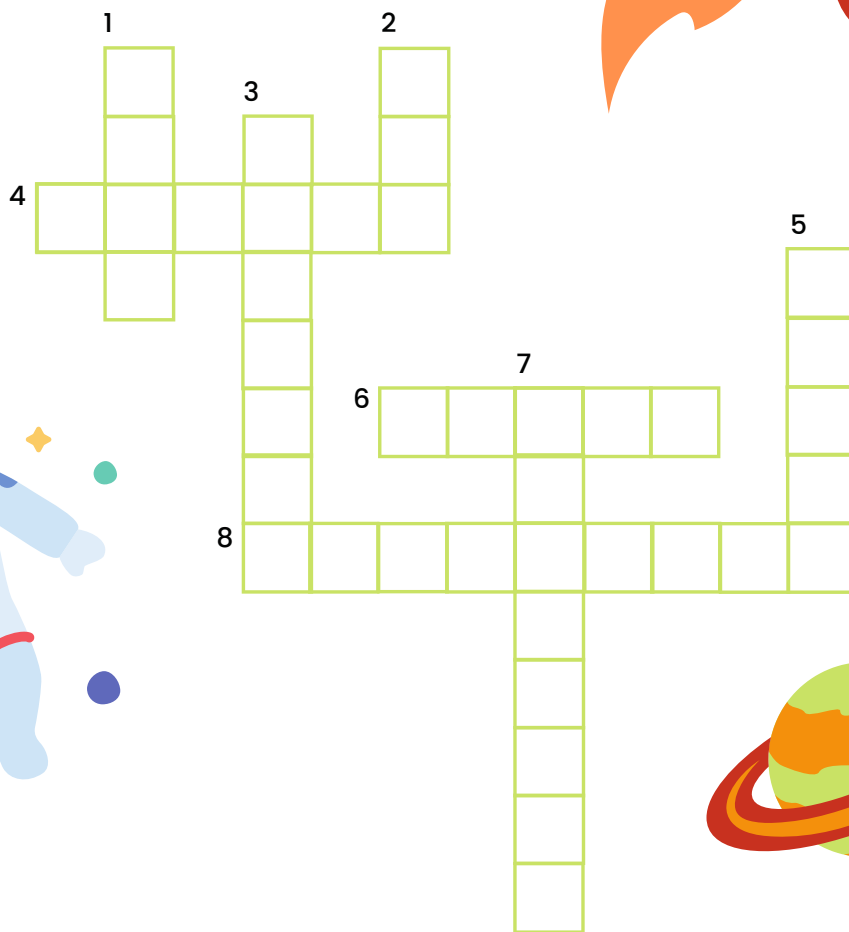
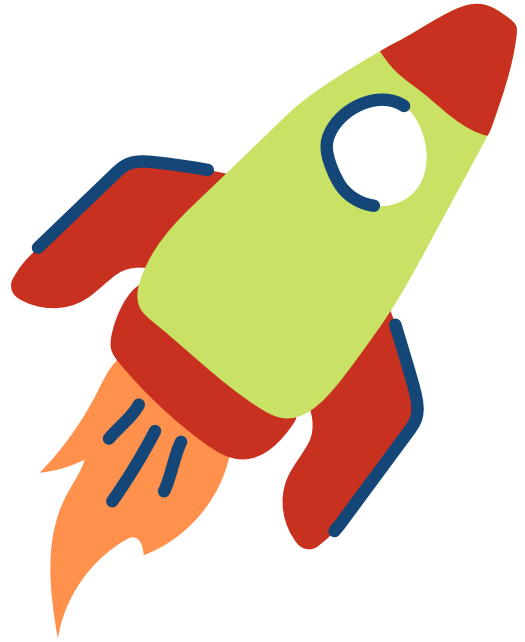
Writing about your feelings in your journal helps you process your emotions and develop good ways of coping in different situations.

In this entry, describe how you felt throughout the day. What made you feel this way?  
How did you express that feeling?



# Solar System Crossword

Answer the questions below by filling in the blanks in the puzzle.



## ACROSS

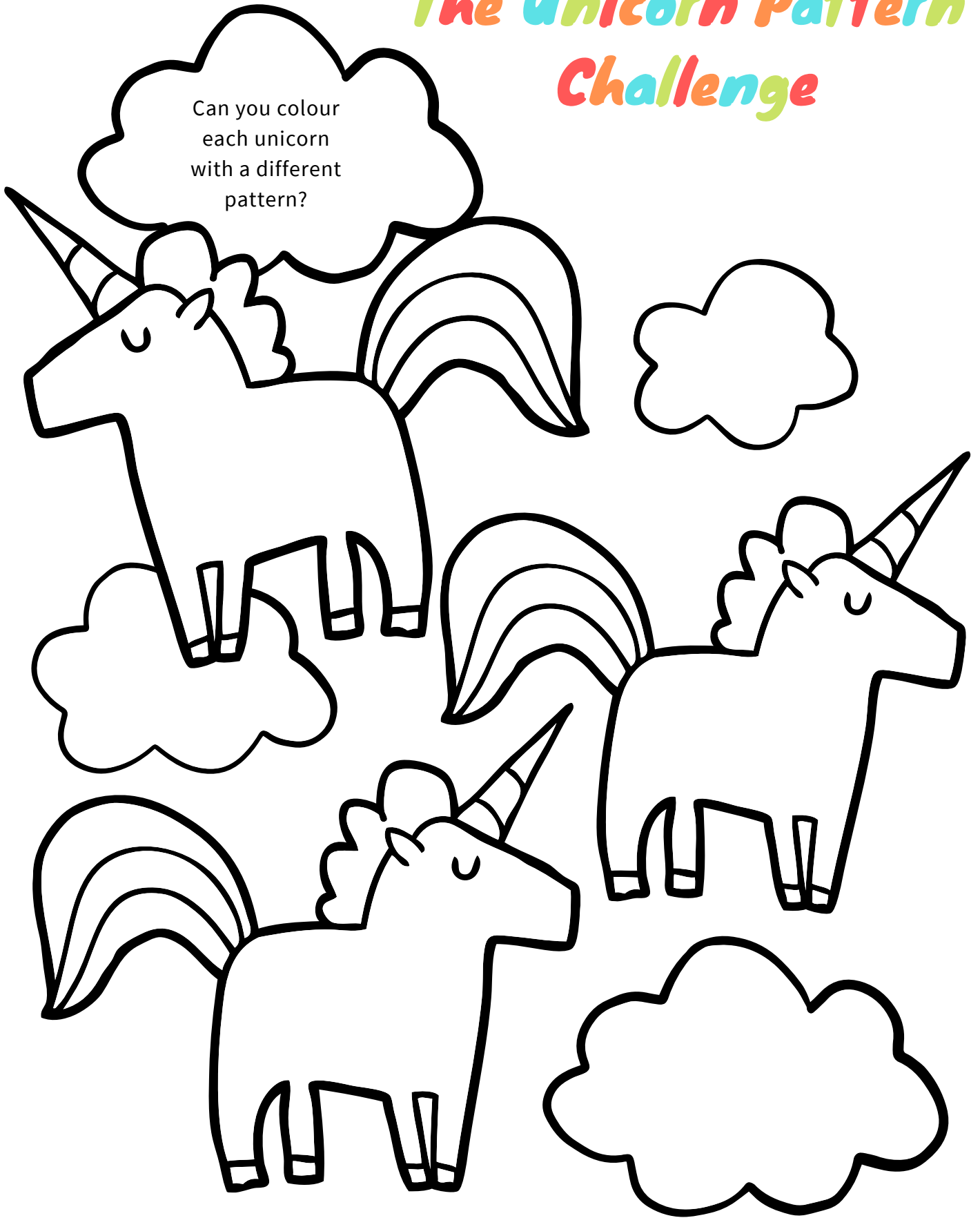
- 4 Which planet has the most rings?
- 6 What is another name for a shooting star?
- 8 What is the nickname for Mars?

## DOWN

- 1 What type of object is the sun?
- 2 What is at the centre of our solar system?
- 3 Which planet is the biggest?
- 5 What do astronauts go to space in?
- 7 What galaxy are we in?

# The Unicorn Pattern Challenge

Can you colour  
each unicorn  
with a different  
pattern?





# GET WELL SOON!

**With love from SHASBAH**

**P.S. Tell the person who comes to  
see you that we can give them a  
hospital visiting grant.  
Give us a call to find out more...**

**Thanks to**  
**IM irwinmitchell**

