







Who we are



We are the **Sheffield Association for Spina Bifida and Hydrocephalus**

We are a registered charity, based in **Sheffield**, supporting everyone with Spina bifida and/or hydrocephalus in the local area. Since **1964**, we have helped individuals, families and carers by: befriending individuals and introducing them to our community, hosting social events to reduce isolation, giving specialist advice in areas such as care, treatment, education and housing, providing small-scale financial aid for specific needs.

Our team consists of part-time staff and many generous volunteers. We have invaluable personal experience of supporting loved ones with spina bifida and hydrocephalus. We're here to offer support that is tailored to the needs of each person we meet.

What we do



SHASBAH provides befriending and welfare support to everyone in the Sheffield postal district affected by spina bifida and hydrocephalus. We regularly come together as a community for larger events such as seasonal parties, picnics, trips to local attractions and fundraising activities.

We continue to work with medical teams at Sheffield hospitals to improve treatment experiences and increase awareness.

We also provide specialist advice and guidance on benefits, education and health needs on a 1:1 basis.

Below are some of our regular events and recent projects.



What funds do

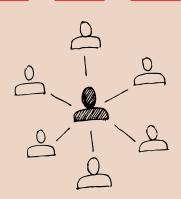
Delivery of support and activities

From play sessions for preschoolers to social groups for older members, your donations help us run weekly events that build confidence, reduce isolation, and bring people together



Funds help us run inclusive seasonal events and residentials that give members a break from routine, a chance to connect, and memories that last.





Offer one-to-one support tailored to individual needs

With your help, we can provide hospital visits, travel training, and advocacy - ensuring no one faces challenges alone.



Respond when families need us most

Your support means we can give small grants, provide signposting, and offer a listening ear through our befriending service - right when it's needed most.



FUNDRAISING IDEAS































SHASEAU SHASEAU



Sign up to a race of your choice and we will fund part of your race place, then get your friends and family to sponsor you and all proceeds go to SHASBAH

Some events nearby...
Sheffield Half Marathon
Sheffield 10K
Eyam Half Marathon
Ladybower resevoir recce
Peak District Challenge
Buxton Half Marathon
Inflatable 5k Bakewell
and more!

Choose a race, we'll fund part of your place

PLANING YOUR FUNDRAISER



CHOOSE YOUR EVENT

Whether it be a bake sale, talent show or raffle, choose something you'll enjoy and that others will support. Need inspiration? See our page of suggestions.

PICKA DATE AND PLACE

Give yourself plenty of time to plan when picking a date and begin by thinking of where you'll host your event, be it online, at home or in a community venue.



2



SETA GOAL



What amount would you like to raise? Setting a goal helps to keep motivated and shows supporters how they can make an impact.

SPREAD THE WORD

Get the word out and let your friends, family and community know, use social media, posters and word of mouth. Tell people why our cause is important to you and be sure to tag us in all social media.



4

PLANNIG YOUR FUNDRAISER



GET EVERYTHING PREPARED



Make a checklist of what you have to prepare and everything you'll need. Consider: materials and supplies; collection tins and donation pages; permissions and insurance.

RAISE THE FUNDS

There are multiple ways to collect the donations, on the day and before and after. Use our collection forms, donation tins and set up a just giving page.



(6)



THANK AND SHARE

Y

Be sure to say a big thank you to all those who helped and donated. Sharing your success inspires others, tag us in your posts and photos!



SEND IN YOUR FUNDS

You can send your donations to us by bank transfer or cheque or drop them off to us at the office, we would love to see you.



Paying in your funds

Raised your money and now wondering how to send it in? Here is a breakdown of the variety of ways you can ensure your funds are safely delivered to us.

Cash or Cheque

Write a cheque to us: Sheffield Association for Spina Bifida and Hydrocephalus

Or put cash in an envelope. You can drop the cash or cheque off at our office.

Address:

SHASBAH, 57 Burton Street, Sheffield, S6 2HH

Bank transfer

Pay your funds to the following details and ensure the reference contains your name and that it is from fundraising e.g. John Smith Bake Sale Funds.

Account Name: SHEFFIELD ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

Account type: Business Current
Account number: 00908223

Sort Code: 54-41-34

Just Giving

For your fundraiser, you can set up a Just Giving page that directly links to us when you select SHASBAH as your charity. Or you can directly give a set amount to our page.

justgiving.com/charity/sheffieldasbah

Scan the QR code









KEEPING IT SAFE & LEGAL

- Keep money stored safely and use trusted platforms for fundraising
- Ensure children are supervised
- If food and drink are involved, be sure to be on top of food hygeine and safety
- Check if you need a license or permissions for anything money related
- Health and safety think about risks and insurance
- Ensure everything is done in support of SHASBAH, please don't claim to officially represent us.

ONLINE FUNDRAISING

It couldn't be easier to set up an online donations page for your fundraising adventure. By using Just Giving, you can simply register and set up your fundraising page, selecting SHASBAH as your charity and ensuring all procedings go directly to us.



WE'RE HERE TO HELP

We want you to have a fun and simple time when fundraising for us, and we are so grateful for your support, therefore you have all of ours! Please get in contact when fundraising for us, and if you have any questions or need advice we would love to offer that to you. You can contact Nina (Director of Services) on 07752665411/services@shasbah.co.uk

Sophie (Fundraising) at events@shasbah.co.uk Sally (Fundraising Officer) on fundraising@shasbah.co.uk

OR

Direct message us on Facebook or Instagram